

## Becky Goldsmith

### Piece O' Cake Designs

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### Everyday Best

*Learn foundation paper piecing on the machine and needleturn hand applique in this class for all quilters.*

This class is taught as a 2-day class combining foundation paper piecing and hand appliqué techniques. You will work on one foundation paper pieced block from Everyday Best. The yardage listed below is for that one block. To make the larger quilt, follow the yardage requirements in the book.

I will provide a pattern for this block. Included with the pattern will be the foundation papers for one block.

You will work on hand appliqué techniques on a small block (that features motifs from the border) that can be used in a number of ways.

### Supply List

#### **Book:**

*I recommend these books but they are not required for class.*

- Quilts with a Spin by Piece O' Cake Designs. If you want to make the larger quilt, you will need this book.
- The New Appliqué Sampler by Piece O' Cake Designs

#### **Fabric for a 2-Day Combination Class:**

*Pre-wash all fabric before class. It appliques better!*

*There is a limit to the amount of fabric you can bring with you – but you're going to want as much as you can have.*

**Foundation Paper Pieced Block Fabric:** *My quilt is very scrappy with many colors in the block corners. You are free to use any color you like in the corners of your block.*

- Block Corners:
  - Bring 4 squares 10" x 10".
- Pieced Arcs: *I chose lots of colors to use in the arcs and then I separated them into lights and darks. Cut the following strips and bring them to class. Separate them into labeled baggies.*
- Lights:

- Arc A: Cut 8 strips 2" x 3 ¾"
- Arcs B and C: Cut 48 strips 1 ¾" x 3 ½"
- Darks:
  - Arc A: Cut 8 strips 2" x 3 ¾"
  - Arcs B and C: Cut 48 strips 1 ¾" x 3 ½"

**Appliqué fabric:** We won't have time to work on the actual border in class. Instead, you will learn hand applique techniques while working on a sample block that you can use in a variety of ways.

- Background: 10" x 10" square
- Appliqué: Bring small scraps of fabric for a stem, leaf, and flower.

### **Basic Sewing Supplies:**

- **A sewing machine in good working order that you know how to use.** You will use your machine for foundation paper piecing. You don't necessarily need your biggest, most expensive machine.
- A rotary cutting mat, ruler, and rotary cutter NOTE: A rotary cutter with a 1" blade is handy for this class.
- Scotch tape
- Small, sharp, paper scissors
- Small, sharp, fabric scissors
- An ultra fine point Sharpie marker
- One 8" x 8" square of clear upholstery vinyl in a medium weight. Keep the tissue paper that comes with the vinyl.
- Two sheets of clear, heavy weight, self-adhesive laminate – available at most office supply stores or on our website (pieceocake.com). Get the single-sided sheets, not the 2-sided pouches. Avoid repositionable laminate.
- I will supply you with 2 needles and some 1/2" sequin pins. You will need additional pins. I prefer 1/2" sequin pins for pinning appliqué.
- Long, fine pins for piecing
- The following 100% cotton threads are suitable for foundation paper piecing and hand appliqué. I will have some on hand for you to try in your appliqué. You will need a spool of one of these for your machine piecing. I recommend Superior Masterpiece 50 weight, Aurifil 50 weight, DMC 50 weight machine embroidery thread, or Mettler 60 weight.
- White Chalk Pencil (I like the General's **charcoal** pencil in white)
- A General's Sketch & Wash pencil *OR* a Quilter's Ultimate Mechanical Pencil
- A sandpaper board or bring a sheet of fine grain sandpaper if you don't have a board.
- Baggies for your templates
- Bring a flannel or other **design wall** that is at least 24" x 24" and tape or pins to hang it.
- Bring additional pins to pin pieces to your design wall.
- **Optional** - A light and an extension cord in case the room is dark. I have no control over whether outlets will be available in the classroom - but we can hope that there will be!
- **Optional** - Many people find that applique is easier if they have a pillow in their lap to rest their forearms on. It's a good idea to bring a pillow to class for this purpose.

